

## **Tips for using reward charts**

- Reward charts are **fun** and **flexible** - use them in a way that works for you.
- They will help the child understand what is expected of them.
- You need to be **realistic**. Make sure you are not expecting too much as the child will get disheartened. Start off at a level where it is easy for them to achieve rewards, and then slowly increase the expectations e.g. start off with a few stickers to receive a reward and then increase this.
- You must be **consistent** with using a reward chart. If you show a loss of interest in the chart, the child is less likely to be motivated.
- When the child completes a chart you could offer them a special treat. This doesn't have to be something big; it could be a certificate or a special sticker. Make sure the child chooses what they want as a reward before you start using the chart and stick a picture of it at the top of the chart, so they can see what they are working for.
- Don't forget to use plenty of **smiles, and praise** as well as rewarding with stickers!
- Use **positive language**. Instead of saying 'don't jump around' try saying 'please sit down nicely'. Then it is easier to give recognition and praise for the good behaviour.
- Find a reward chart that is appropriate for a child's age, stage and interests e.g. if a child likes dinosaurs find a chart that has dinosaurs pictured. Twinkl has lots of examples of charts you can download.