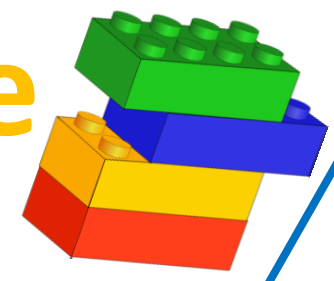




Special Time



Activities to try!
Puzzles
Building blocks
Drawing
Arts and Crafts
Play-doh

P.R.I.D.E	Reason	Example
P Praise	➤ Increases self esteem ➤ Makes you both feel good	You: Thank you for showing me your drawing You: You're doing good building
R Reflect	➤ Shows you are listening ➤ Shows you understand your child ➤ Let's your child direct conversation	Child: Car You: Yes, a car Child: *shows you a brick* You: A brick.
I Imitate	➤ Let's them know you enjoy their play ➤ Shows that you are involved ➤ Encourages them to copy you	Child: *building a tower* You: *build a tower the same size* "you're building a tower I think I'll build a tower"
D Describe	➤ Let's your child direct special time ➤ Models different words and how to say them ➤ Helps to encourage attention on the activity ➤ Helps your child understand play	You: That's a blue car You: You drew a face You: The car is going fast You: You're making a tower
E Enjoy!	➤ Shows you're interested ➤ Model those positive emotions ➤ Strengthens your relationship	You: Wow, super! You: That's great! You: Very good!



Please do:

- Set aside 5 minutes special time for you and your child
- Limit distractions to focus on special time e.g. turn the TV off
- Give time for your child to respond



Try to avoid:

- Giving instructions
- Asking questions
- Saying no/tell them they're wrong