

# Talking Tots

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## Who are we?

Talking Tots is a group for children, parents and carers to support their child's speech language and communication development.

It is run by Communication Development Workers (CDWs) and Early Health Practitioners.

## What do we do?

We work with parents, carers, Early Help Practitioners and other professionals to support young children's speech, language and communication skills.

## Who is the group for?

The group is for parents and children aged 18 months to 3 years of age. Before you attend the group we gather some information on your child's communication skills. This might involve us asking you some questions, watching your child play and completing a WellComm screen. This helps us decide what your child needs.

## What happens at the group?

- A warm welcome!
- A settling in time with toys and activities to support speech and language development.
- We sing a Welcome song and nursery rhymes.
- Tidy up time (we support the children with this).
- We all wash our hands ready for a free healthy snack.
- A tip to support your child's language and communication skills. The tip is given as part of a play activity.
- If time allows, more play!
- A good bye song.

## What you can do

- You and your child gain most if you attend each week. This helps your child to get used to the routine. It also means you know about all of the tips. Parents are the child's first and most important educators.
- Practise the top tips at home during the week. Little and often is best e.g. 5 minutes a few times a day helps children to develop their language skills. Please turn off all screens and the radio to reduce distractions.
- Do ask questions as they arise. You know your child best and we value your information and feedback.
- If you are unable to attend one week please let us know by using the contact numbers you will be given.
- The centre is a smoke free zone therefore you are not able to smoke on site.
- If you need to carry a mobile please turn it off. If there is an important reason to have your phone on please keep it on silent. Taking photos is not allowed during the session.



**FIVE TO THRIVE**

Respond • Cuddle • Relax • Play • Talk

[www.speakupsalford.nhs.uk](http://www.speakupsalford.nhs.uk)