

Building language into everyday situations

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Activities linked to this

Daily routines:

- Going out.
- Meal times.
- Bath time.
- Bed time.
- Going to the shops.
- Changing nappies.
- Household jobs such as washing and tidying up.

Games:

- Tickle.
- Coming to get you.
- Blowing raspberries.
- Singing.

Why is it important?

Every day there are lots of opportunities for your child to learn language. This includes daily routines such as getting dressed or bathtime.

What does the research say?

These routines are important for children as they follow the same steps. This makes them predictable and familiar to your child. This helps your child to listen to and learn the words linked to these routines.

What to do

During daily routines try to:

- Repeat the same situation using the same words so that it becomes familiar to your child.
- Use simple words and actions as part of the routine, e.g. 'coat on' when going out and 'all gone' at the end of dinner time.
- Let your child have a turn to talk. Wait so that your child has chance to talk.
- Respond to your child's language attempts at words. Say it as they would if they could. For example if your child says 'nana' to mean banana, you should say it back correctly as 'banana'.
- Respond to sounds and actions. This is your child talking.
- Add a new word when your child begins to say words. For example, your child says 'banana' and you might say 'more banana' or 'banana gone'.

For further information

www.hanen.org/helpful-info/articles/power-of-using-everyday-routines



FIVE TO THRIVE

Respond • Cuddle • Relax • Play • Talk

www.speakupsalford.nhs.uk