

Resources for Children, Teenagers and Young People- General

Please use these suggested links to explore activities for your children. We have tried to check the content and have used recognized and reputable sources of information, as far as we are aware. Please alert us to any concerns or questions that you have.

Resource	Brief Description	Who for
Language – school aged		
Twinkl https://www.twinkl.co.uk/blog/how-to-utilise-twinkl-during-the-coronavirus-shutdown-a-guide-for-schools	Resources to develop language and learning, free trial available – school and your speech and language therapist can recommend resources	Language resources for parents of school aged children
Thinking talking http://thinkingtalking.co.uk/free-resources-schools-families/ @wordaware - Twitter	Resources to encourage vocabulary development	Language resources for parents of school aged children
Apps https://www.common sense media.org/guide/special-needs	Range of different suggested Apps and games which target a variety of language skills at different levels	Apps for school age children
Language – pre school		
Chat Play Read https://small-talk.org.uk/	Talks about the importance of communicating, playing and reading with your children. Lots of resources to read and watch for ideas	Language resources for parents of pre school aged children
Tiny Happy People https://www.bbc.co.uk/tiny-happy-people_-	Tips for interacting and playing with children to develop communication skills	Language resources for parents of pre school

@bbctinyhappypeople		children
Hungry Little Minds https://hungrylittleminds.campaign.gov.uk/	Government website with activity ideas to encourage development of communication skills	Language resources for parents of pre school children
Play - School aged children		
Paw Print Badges https://www.pawprintbadges.co.uk/	Free challenge packs and other downloads. Indoor and outdoor ideas for different play activities	Play resources for parents of school aged children
Play – Pre-school aged children		
The Imagination Tree https://theimaginationtree.com/	Creative art and craft activities for the very youngest - recipes and ideas to make resources for messy play such as playdough to encourage exploration of different textures and activities	Play resources for parents of pre school and school aged children
Chat Play Read https://small-talk.org.uk/	Talks about the importance of communicating, playing and reading with your children. Lots of resources to read and watch for ideas	Play resources for parents of pre school aged children
Tiny Happy People https://www.bbc.co.uk/tiny-happy-people - @bbctinyhappypeople	Tips for interacting and playing with children to develop communication skills	Language resources for parents of pre school children
Hungry Little Minds https://hungrylittleminds.campaign.gov.uk/	Government website with activity ideas to encourage development of communication skills	Language resources for parents of pre school children
Learning		
BBC Bitesize https://www.bbc.co.uk/bitesize	BBC website with sections for Primary, Secondary and 16+ Education. Including all areas of the curriculum and interactive games to support learning. Follow the links on the website to advise you on what topics you can work	Children of all ages

	on at home to match your child's age.	
Oxford Owl https://home.oxfordowl.co.uk/	The Website includes activities focussed on reading, English and Maths for children aged 3-11. It also includes a free e-book library containing popular children's books	Primary school children
Top Marks https://www.topmarks.co.uk/	This website allows you to access interactive games that cover a large range of subjects that your child does at school. It also includes a section for parents including articles for parents advising them on how to adapt their interactions with their children to incorporate learning into the child's home routine e.g. through cooking together.	Primary school children
Teach it primary https://www.teachitprimary.co.uk/	This website contains resources and games to print off for English, Maths, Science and Foundation subjects. The website also includes '20 ideas for parents when schools close due to Coronavirus (Covid-19)' including fun things to do in free time with children at home.	Primary school children
Cool math 4 kids http://coolmath4kids.com/	This website includes lots of interactive games including the four operations; plus, minus, times and divide as well as fractions. Please note: this is an American website and so some games might not be accessible such as games using dollars instead of pounds.	Maths activities for primary school children
Monster Math https://www.monstermath.app/	This is an App that you can download where you child can play games linked to maths.	Maths activities for primary school children
Teach your monster to read http://teachyourmonstertoread.com/	This is a game that has been funded by the Usborne Foundation to support early literacy. The game is for children in the first stages of learning to read or for older children who need a bit more practice. You can access the game on your computer for free	Reading and phonics activities for primary school children
Phonics play www.phonicsplay.co.uk	This website focuses on phonics games which follow the Letters & Sounds phonics programme. Pick the phase the child is currently on using the menu at the side. Phonics Play is currently free for all users during the school closure period. Username: march20 Password: home	Phonics activities for primary school children

Wallace and Gromit https://crackingideas.com/	An ideas competition for children aged 4-11 to re invent an everyday object	Learning resources for parents of primary school children
Audible https://stories.audible.com/start-listen	Free children's audiobooks available to download	Learning resources for parents of primary school children
Signed Tiger who came to Tea https://youtu.be/VwmkzeTAJ8	The story 'the tiger who came to tea' sign supported – clips of children signing	Young children / children with additional needs
'12 best home schooling shows on You Tube, iPlayer, Netflix and more' https://www.msn.com/en-gb/lifestyle/break-time/12-best-homeschooling-shows-on-youtube-iplayer-netflix-and-more/ar-BB11V9WG?li=BB0PWjQ	Fun learning resources	Learning resources for parents of primary school children
ASDAN https://www.asdan.org.uk/resources/free-resources	You are asked to sign up and can then download free resources. The resources are aimed at include specific subjects and courses that children and young adults may be interested in.	Children and young people aged 10-19
National Geographic https://www.natgeokids.com/uk/teacher-category/primary-resources/	Engaging and curriculum-led teaching ideas and resources focused on nature and geography	Primary school children
Coronavirus Explained https://vimeo.com/399311004	An animation video to help parents explain/learn about the current events surrounding Coronavirus	Primary school children
Easy Read Document https://www.easy-read-online.co.uk/media/53205/self-isolating-low-res-easy-read_v1a.pdf	An Easy Read document based on Government guidance: Stay at home: guidance for people with confirmed or possible coronavirus (COVID-19) infection.	Older school age, teenage and young people.
Apps https://www.commonsemmedia.org/guide/special-needs	Apps for children with additional needs – reading and writing / maths / motor skills	School age children with additional needs

Boardmaker Online https://www.boardmakeronline.com/Login.aspx	Interactive printable worksheets are available for children with Special Educational Needs when registering for a free 90 day trial. Accessible Coronavirus information is included.	School age children
Fun Learning Activities https://frugalfun4boys.com/	A range of practical play and science activities for primary aged boys and girls.	School age children
Physical Activity		
Early Movers www.earlymovers.org.uk	Physical activities, some requiring minimal or every-day equipment, e.g. hand clapping, balloon catch, bouncing ball.	For babies, toddlers and preschool children up to 5 years.
GoNoodle https://www.gonoodle.com/	Free app containing videos designed to get kids moving, wake up their bodies and engage their minds. It includes dance parties, yoga, mindfulness and relaxation activities and fun games to play. Also contains printable resources and hand washing information for children.	All ages
BBC Bitesize https://www.bbc.co.uk/bitesize	See Physical Education section - videos, quizzes and games.	Primary, secondary and post-16 students
Topmarks https://www.topmarks.co.uk/	A collection of educational games - see physical education section.	Primary and secondary
YouTubeKids https://www.youtubekids.com/	Exercise, dancing and music videos for kids	All ages
YouTube - PE with Joe https://www.youtube.com/watch?v=Rz0go1pTda8	Exercise sessions for children and adults	All ages
Apps promoting movement https://www.commonsemmedia.org/lists/movement-apps-games-and-websites#preschoolers	Apps that can be accessed to promote movement across varying age groups.	Early Years up to Teenagers

Yoga Videos for Kids https://awakeandmindful.com/best-kids-yoga-videos-on-youtube/	A collection of videos that can be used to support yoga at home	Primary school children
Indoor Ball Games https://frugalfun4boys.com/indoor-ball-games-	Ten indoor ball play activities are explained with pictures demonstrating these.	Primary school children
Emotional regulation		
Kids Yoga and Mindfulness https://www.youtube.com/user/CosmicKidsYoga	Mindful and relaxation exercises Parents can do with children to support with managing anxiety	Younger children
Meditation for Kids https://www.headspace.com/meditation/kids	Mindful and relaxation exercises Parents can do with children to support with managing anxiety	Younger children
YoungMinds Blog https://youngminds.org.uk/blog/	Ideas of what to do if you are feeling anxious or concerned about the news surrounding coronavirus	Teenagers and Young People
Children's guide to Corona Virus https://www.childrenscommissioner.gov.uk/wp-content/uploads/2020/03/cco-childrens-guide-to-coronavirus.pdf	An easy to read guide for children giving information about Corona Virus	Young People
Sensory needs		
Sensory Integration Advice https://sensoryintegration.org.uk/News/8821506	An explanation of some of the sensory difficulties that may be encountered surrounding hand washing. Ideas to help these along with reference to step by step sequencing pictures and videos are included.	Parents, teenagers and young people
Calm Jars https://lemonlimeadventures.com/lego-calm-down-jar/	An explanation of how to create Calm Jars which children can shake when they need a break/to calm. They are aimed at children who have sensory	Children across ages

	processing difficulties or become easily over stimulated.	
Social Communication and Interaction		
Talking Mats https://www.talkingmats.com/wp-content/uploads/2013/09/20200319-coronavirus-easy-read-pdf.pdf	Easy Read version of WHO Social Distancing recommendations. It explain the current situation & helps to support people with communication difficulties to understand and share their feelings about it.	Parents to use with children across ages to support them to share their feelings.
Apps https://www.commonsemmedia.org/guide/special-needs	Apps to build awareness of some social communication skills	School age children
Resource packs available https://www.tes.com/teaching-resources/blog/social-skills-support-sen-students	Activity ideas to support social skills activities	School age children
Transactional Support		
Visual timetables Timetable for home https://www.twinkl.co.uk/resource/t-c-081-visual-timetable-for-home-1 Symbol system https://www.boardmakeronline.com/Login.aspx	<p>Parents can use these visuals at home to support a child's understanding of their new routine as part of home learning. This can be downloaded for free when you subscribe to a Twinkl account.</p> <p>Free 90 day trial can be utilised by registering an account. It provides access to symbols and interactive activities</p>	Parents to use with children across ages to support understanding of routine using symbols.
Work-Reward Systems Speak up Salford Website link to be created which connects to our Work Reward Systems handout	A work reward system is a structured way to maintain a maximum level of motivation and engagement in a less preferred task	School age and teenagers

Apps https://www.common sense media.org/guide/special-needs	Apps to support transitions and build awareness of routines and time	School age children
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